



Island Pond Baptist Church | Pastor Kyle Lewis | August 2, 2026

THE GOD WHO KEEPS YOU

Psalm 121

We can endure bumpy roads because we follow the God who ____.

The Keeper Is Your ____ (vv. 1-2)

Psalm 121:1-2 – 1 I lift up my eyes to the hills. From where does my help come? 2 My help comes from the Lord, who made heaven and earth.

Don't try to solve the problem yourself.
Look to the one who is ____ all.

The Keeper Never ____ (vv. 3-4)

Psalm 121:3-4 – 3 He will not let your foot be moved; he who keeps you will not slumber. 4 Behold, he who keeps Israel will neither slumber nor sleep.

Because your keeper never sleeps, you do not have to stay awake trying to ____ the world yourself.



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The Keeper Remains ____ (vv. 5-6)

Psalm 121:5-6 – 5 The Lord is your keeper; the Lord is your shade on your right hand. 6 The sun shall not strike you by day, nor the moon by night.

God's presence is not proved by the ____ of trouble. Your Keeper remains near in both the heat of the day and the darkness of the night.

The Keeper _____ Completely (vv. 7-8)

Psalm 121:7-8 – 7 The Lord will keep you from all evil; he will keep your life. 8 The Lord will keep your going out and your coming in from this time forth and forevermore.

To be kept from evil means that no evil can _____ God's saving purposes, separate his people from his love, or prevent their arrival in his presence.

Romans 8:35, 37-39

God does not promise an easy road, but he does promise that he will get you ____.

Who is ____ keeper?

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