

Island Pond Baptist Church | Pastor Kyle Lewis | May 12, 2024

## Seeking Instead of Worrying

	Matthew 6:25-34	
	saying that Christians s about life.	hould not
- 1	pe of anxiety that Jesus void is the anxiety that 	•
5	uld we worry? /anxiety takes our	off of

\_\_\_ reasons why you should not worry:

Reason 1 - Life is \_\_\_\_ than food and clothes (v. 25b).

2 - God cares for the \_\_\_\_\_ creation and you are more valuable than them (v. 26, 28-30).



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## Seeking Instead of Worrying

Matthew 6:25-34

Jesus is saying that Christians should no	t
The type of anxiety that Jesus is telling us to avoid is the anxiety that we can	
Why should we worry?	
Worry/anxiety takes our off of God.	
reasons why you should not worry:	
Reason 1 - Life is than food and clothes (v. 25b).	
2 - God cares for the creation	

(v. 26, 28-30).

3 - Worry changes (v. 27).	3 - Worry changes (v. 27).		
4 - The unbelievers chase these things. But your Father your needs, so you do not need to chase them (vv. 31- 32).	4 - The unbelievers chase these things. But your Father your needs, so you do not need to chase them (vv. 31-32).		
The solution to anxiety/worry is	The solution to anxiety/worry is		
5 - All the things the unbelievers chase will be to you (v. 33b-34).	5 - All the things the unbelievers chase will be to you (v. 33b-34).		
Jesus is calling us to the kingdom instead of worrying about things.	Jesus is calling us to the kingdom instead of worrying about things.		
<ol> <li>To seek to love, trust, and Jesus as King.</li> <li>To pray, "Your kingdom come" (and</li> </ol>	<ol> <li>To seek to love, trust, and Jesus as King.</li> <li>To pray, "Your kingdom come" (and</li> </ol>		
it). 3. To to others so that they come into the kingdom. 4. To use the resources that God has blessed you with for causes.	it). 3. To to others so that they come into the kingdom. 4. To use the resources that God has blessed you with for causes.		
5. To love and help those around you who are fortunate.	5. To love and help those around you who are fortunate.		