



Island Pond Baptist Church | Pastor Kyle Lewis | January 6, 2024

## How To Find Happiness in a Sad World (Part 1)

Matthew 5:1-4

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The Sermon on the Mount is \_\_\_\_\_  
material.

"[Blessed] is a state of existence in relationship to God in which a person is "blessed" from God's perspective even when he or she doesn't feel happy or isn't presently experiencing good fortune."

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**Questions to Ask:**

Do you spend quality time with God each day?

Are you obeying his commands?

Does your pursuit of happiness come out of the things of God or the things of the world?

Are the fruit of the spirit developing in your life?

**2) A blessed life comes from having a \_\_\_\_\_ for your own \_\_\_\_\_ (v. 4).**

A mark of a mature Christian is that he/she has \_\_\_\_\_ (or sadness) for the sin in their life.

**Why Is This Important?**

The beatitudes show attributes that \_\_\_\_\_ as well.

Jesus \_\_\_\_\_ what it meant to be poor in spirit.

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**One Things I Learned Today Is:**

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