



Island Pond Baptist Church | Pastor Kyle Lewis | June 20, 2021

## God And Depression

Psalms 42-43

**Psalm 42:3** – My tears have been my food day and night...

The psalmist was in the midst of deep \_\_\_\_\_.

Depression effects many \_\_\_\_\_ as well.

**Psalm 43:5** – Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

God's \_\_\_\_\_ actions have shown that he is worthy of our \_\_\_\_\_ hope.

If you are in Christ, it will get \_\_\_\_\_.

Revelation 21:4-5

Do you know \_\_\_\_\_ Christ?

1) He Pursued \_\_\_\_\_.



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1) He Pursued \_\_\_\_\_.

**Psalm 43:3** – Send out your light and your truth; let them lead me; let them bring me to your holy hill and to your dwelling!

If he wants truth, then there must be \_\_\_\_\_ out there.

John 14:6, James 1:18

We are led by God's truth by making \_\_\_\_\_ our Lord and following his \_\_\_\_\_ in Scripture.

2) He \_\_\_\_\_ God.

**Psalm 43:4** – Then I will go to the altar of God, to God my exceeding joy, and I will praise you with the lyre, O God, my God.

**Closing thoughts about depression:**

You are not \_\_\_\_\_ if you need medication or counseling.

James 5:14

The Bible is \_\_\_\_\_-medication!

Proverbs 31:6-7, 1 Timothy 5:23

\_\_\_\_\_ is never the right solution.

Philippians 1:23-25

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