



Island Pond Baptist Church | Pastor Kyle Lewis | June 13, 2021

Let's Praise God

Psalms 30

Praise God in the good times, praise him in the bad times, praise him _____ the time.

1) Praise God in the _____ times (v. 1-5)

Psalm 30:1-4 – 1 I will extol you, O Lord, for you have drawn me up and have not let my foes rejoice over me. 2 O Lord my God, I cried to you for help, and you have healed me. 3 O Lord, you have brought up my soul from Sheol; you restored me to life from among those who go down to the pit. 4 Sing praises to the Lord, O you his saints, and give thanks to his holy name.

Extol - "Exalt, lift up, praise"

Sometimes _____ takes our eyes off of God.

2) Praise God in the _____ times (v. 6-12)



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2) Praise God in the _____ times (v. 6-12)

Psalm 30:6-10 – 6 As for me, I said in my prosperity, “I shall never be moved.” 7 By your favor, O Lord, you made my mountain stand strong; you hid your face; I was dismayed. 8 To you, O Lord, I cry, and to the Lord I plead for mercy: 9 “What profit is there in my death, if I go down to the pit? Will the dust praise you? Will it tell of your faithfulness? 10 Hear, O Lord, and be merciful to me! O Lord, be my helper!”

SO WHAT?

Do you _____ what God has done for you?

Even while struggling, _____
_____ you in so many ways
that he is still worthy of your praise.

Praise will help you focus on the one
who is _____ than your problems.

God wants you to learn to praise in
the _____ of problems.

Psalm 30:11-12 – 11 You have turned for me my mourning into dancing; you have loosed my sackcloth and clothed me with gladness, 12 that my glory may sing your praise and not be silent. O Lord my God, I will give thanks to you forever!

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