



Island Pond Baptist Church | Pastor Kyle Lewis | October 27, 2019

Get Rid of Bitterness

Ephesians 4:31-32

“Most of the ground that Satan gains in the lives of Christians is due to unforgiveness” – Neil Anderson

Ephesians 4:31 – Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

Wrath

Anger

_____ : pursuing controversy, shouting, yelling

Malice: wicked intent toward others

Slander: “It’s speaking ill/evil about a person with the view to change their opinion about that individual.”



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Ephesians 4:32 – Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

Be _____ to one another.

Literally: “to be useful, good natured” toward others.

Be _____.

a combination of compassion, pity, and mercy.

Be _____ to one another.

the release of condemnation of wrongs committed against you.

Forgiving does not mean:

- Forgetting
- Excusing
- Not feeling the pain
- You don’t wish for justice
- You will put yourself at risk

_____ changes things.

“His reasoning is not that your life will get better. His reasoning is that Jesus has forgiven you. We hurt Jesus. But instead, he showed kindness, forgiveness, and compassion toward us.”

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